



n e w p o r t

Center for Special Surgery

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Safety First

As the world better understands and reacts to the impacts of COVID-19, the health, safety and well-being of our patients, doctors, nurses and employees remains our top priority. You should have confidence when you are scheduled for outpatient surgery at Newport Center for Special Surgery that we are doing everything we can to make your procedure go well. We are closely monitoring the World Health Organization (WHO), the Centers for Disease Control and Prevention (CDC), and local health agencies for the latest developments related to COVID-19 and following the guidance of government and public health officials. We are reinforcing these agencies' recommendations on the appropriate health and safety measures with our staff.

Outpatient Surgery Is Safe

Dr. Richard Beers, chair of the American Society of Anesthesiologists Committee on Occupational Health, believes that healthy individuals who have scheduled outpatient procedures are generally considered safe to keep their appointments, but anyone who has come back from a country deemed to be at high risk for COVID-19, or who has had exposure to a suspected case, should postpone surgery for at least 14 days. "As with any medical decision, the risks and benefits must be considered," Beers said, of possibly postponing an outpatient procedure amid the outbreak. "One must decide whether the risks of waiting (not intervening surgically) outweigh the risks of going ahead with the procedure, given the patient's medical status, the nature of the condition being treated, and the nature of the planned procedure and anesthesia."

Now May be the Ideal Time for Healthy People to Have Plastic Surgery

In a dedicated plastic only center like ours, now may be an ideal time to have the procedure you have been planning. Social distancing, telecommuting for work, caregivers at home, and increased public health measures provide the ideal circumstances for surgical recovery.

We Only do Plastic Surgery, One Patient at a Time

You will find that at Newport Center for Special Surgery, we are a dedicated plastic surgery only private care center, since 1998. You will be our only patient treated at a time. You will be seen in a private pre-op room, and after surgery stay in a private recovery room. Only essential health care staff will care for you. Your same care team will take care of you before, during and after surgery- no passing your care from nurse to nurse. After surgery you will be discharged via a side exit directly to your waiting car without having to go through the waiting area.

When You Schedule

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Before Your Stay

We will call you days ahead of your scheduled surgery to offer a health and safety review with your personal anesthesia Doctor by phone, or in person if you prefer. The Doctor will address your concerns, and develop a personalized care plan to help your surgery go as well as possible.

Let us know if you have been exposed to a person with documented COVID-19 infection, or have had recent travel, fever, shortness of breath, or cough.

During Your Stay

Our accredited surgery center's health and safety measures are designed to address a broad spectrum of viruses, including COVID-19, and cover everything from handwashing hygiene and cleaning product specifications to room and common area cleaning procedures.

To limit potential exposure within the communities where we live, work and play, our center has taken important steps:

- Patients will have their temperature checked before entry into the pre-op area.

- All people entering the Center must wash their hands or hand sanitize immediately. All must wash their hands on leaving as well.

- Only patients will be allowed beyond the waiting room unless necessary for medical reasons.

- Keep your social distance. We do not advise those accompanying you wait in the waiting room during your procedure. We will call your designated ride you when you are ready for discharge, which can pick you up directly at the curb, steps from our private side exit.

- Let us know if you have any additional concerns.